

FALL NEWSLETTER

GAH, 2014

We are now proud to offer
PLATELET RICH PLASMA
 therapy for dogs suffering from osteoarthritis.



Osteoarthritis is a chronic degenerative disease characterized by pain and stiffness in one or more joints that worsens over time. Patients with osteoarthritis are typically treated with a 'multi-modal' approach, which utilizes a combination of therapies including: anti-inflammatories, pain blockers, joint supplements, weight management, holistic therapies, and exercise modification.

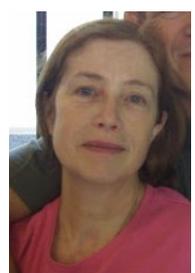
Platelet Rich Plasma, or PRP, is a minimally-invasive therapy that utilizes your pet's own natural blood components injected into the affected joint(s) to decrease pain while increasing mobility and comfort. An added benefit may be a lower requirement for continued oral medications.

See our website for more information, including a video of the procedure, or ask one of our doctors if your pet may be a candidate for PRP.

WELCOME! Dr. Luli de Guzman

We are thrilled to announce the newest member of our veterinary team! Dr. de Guzman practiced at GAH many years ago, then took some time off to raise her family. She has spent the last 15+ years honing her skills at several metro area hospitals and now returns to GAH to bring your beloved pets the best in holistic and integrated care.

Dr. de Guzman is originally from Puerto Rico, and is fluent in Spanish. She received her veterinary degree from the University of Pennsylvania and her acupuncture training at the renowned Chi Institute.



She has extensive experience with traditional Chinese medicine, flower remedies, energetic healing, obedience, and nutrition. With her vast holistic knowledge and her conventional medicine skills, she is truly an asset to our veterinary team!



The Standard of
 Veterinary Excellence

AWESOME!

What does it mean to be "AAHA accredited"?

Unlike human hospitals, animal hospitals **are not** required to be nationally evaluated or accredited. The American Animal Hospital Association is the only governing body in North America that evaluates veterinary practices. AAHA evaluates veterinary hospitals on over 900 standards that address patient care and pain management, surgery, pharmacy, laboratory, exam facilities, medical records, cleanliness, dental care, diagnostic imaging, anesthesiology, and continuing education. To maintain accredited status, hospitals undergo comprehensive on-site evaluations every three years. Because of these rigorous standards, **only about 3,500 (just 12-15%) of the animal hospitals in the United States and Canada have achieved AAHA accreditation.**

For over 20 years, GAH has maintained AAHA accreditation, so you can rest assured that we are committed to giving your pet the highest quality care possible!



Turkey and Cranberry Dog Bones



- 3 1/2 cups whole wheat flour
- 1 tsp baking powder
- 1 cup shredded cooked turkey
- 1 cup dried cranberries
- 1 egg
- 1 Tbsp olive oil
- 1 cup low-sodium chicken broth (approx)

- 1) Preheat oven to 350 degrees F
- 2) In a large bowl, whisk the whole wheat flour and baking powder together until thoroughly combined, and stir in the cooked turkey meat, dried cranberries, egg, olive oil, and 1/2 cup broth.
- 3) Knead into a soft dough, adding small amounts of broth as needed if the mixture is too dry
- 4) Roll the dough out 1/4 inch thick, and cut into fun shapes. Place treats onto lightly greased baking sheet.
- 5) Bake until the treats turn brown, about 25 minutes. Turn the oven off, and leave the dog treats in the oven an additional 30 minutes to dry out. Refrigerate leftover dog treats.



We have adorable t-shirts in several colors and magnetic bumper stickers for sale— just \$23 and \$6, respectively. **ALL** profits go into our Good Samaritan fund to help pets in need.

What a great chance to show your love of GAH and give to a good cause— pick one up today!

Kitty Turkey Balls

- 1 pound ground turkey
- 1 egg
- 1 teaspoon chopped parsley
- 1/4 cup shredded cheese
- 1/2 cup chopped veggies



- 1) Preheat oven to 350°F
- 2) Mix all ingredients in bowl
- 3) Shape mixture into bite-size balls
- 4) Bake for 10 minutes or until brown
- 5) Cool and serve or seal in airtight container and store in fridge or freezer until ready to serve.

