



SPRING

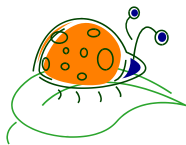


COMPLIMENTARY MEDICINE

Complimentary medicine involves a range of medical therapies that fall beyond the scope of scientific medicine but may be used alongside it in the treatment of disease and ill health. GAH is one of only a handful of area animal hospitals offering a variety of complementary modalities such as acupuncture, homeopathy, muscle testing, and traditional Chinese medicine. We have two doctors on staff who have undergone many hours of rigorous study and training to become certified in these therapies. These complementary therapies can be used to help immune system disorders, skin conditions, chronic inflammatory problems, palliative cancer care, and many other conditions.



Please ask for a holistic consultation to see if complementary medicine may be right for your pet.



Staff member spotlight: **Christine Brewton**

Christine has been involved in veterinary medicine most of her life. She began helping her veterinarian father in his hospital at the age of 14, and branched out into emergency work, research, and private practice before joining GAH in 2012. She spends most of her time here as a surgical tech and assisting in rooms. Christine lives in Loganville with her husband, 3 children, and 3 dogs. When she finds the time, she enjoys music, movies, and crafts.



DENTAL DISEASE, it's not simply 'bad breath'

It is estimated that over 70% of dogs and cats have some degree of dental disease. Many pets show signs of gum disease as young as four years old because they aren't provided with proper mouth care early on. This can lead to not only loose teeth and oral pain, but the continual presence of bacteria and their associated toxins can significantly affect your pet's heart and other internal organs. Take a moment to compare yourself to your pet- you probably brush and floss your teeth daily, *and* see the dentist for a thorough cleaning at least once a year. How does this compare to the oral care your pet receives? Are you brushing daily? Monthly? Never? When was his / her last professional veterinary cleaning? How do you imagine your mouth would look and feel if you received your pet's oral care regimen? YUCK- it's not a pretty picture, is it?



Oral care should begin in puppy/kittenhood and be a lifelong commitment. As pets age, intervention in the form of periodic professional cleanings followed by daily home care can help save your pets teeth and keep him or her healthy.



Cheesy Cat Treats

- 3/4 cup shredded cheddar cheese
- 1/4 cup cornmeal
- 3/4 cup whole wheat flour
- 5 tablespoons grated parmesan cheese
- 1/4 cup plain yogurt



While your oven is preheating to 350 degrees, combine all the ingredients into a dough (add a touch of water if needed). Knead the dough into a ball and then roll it out flat to 1/4 inch thick. Cut into bite-sized (1") pieces and bake for 25 minutes on a greased cookie sheet.

Unwrapped K9 "Spring" rolls:

- 2 1/2 cups cabbage
- 1/4 cup carrots
- 1/2 celery stick
- 4 fresh mint leaves
- 1/4 red bell pepper
- 1/2 cup brown rice
- 1 tablespoon olive oil
- 1/4 cup cooked chicken

Cook rice as directed, mix with cooked chicken. Shred or dice all veggies and steam to soften. Mix veggies and chicken/rice mixture.



As the beautiful weather gets you out into your garden, please consider these plants that are toxic to pets:

- rhododendron
- foxglove
- azalea
- oleander
- lily-of-the-valley
- sago palm
- yew plant
- mountain laurel
- mushrooms
- rhubarb leaves
- Easter lily
- day lily
- tiger lily
- other lily species
- Castor beans

