



Winter Newsletter



The doctors and staff of Gwinnett Animal Hospital would like to wish our wonderful clients and their furry friends a safe, happy, joy-filled holiday season and a peaceful New Year. We will be open until noon on both Christmas Eve and New Years Eve to care for pets that need us. We will be closed on Christmas and New Years Day to allow our staff members to spend time with their families. Our local emergency clinics will be open if you need help when we are closed.

The Annual Giving Tree

The GAH Giving Tree is a way to give back and make the holidays special for dogs and cats who don't have a home of their own (yet!). Each year, our generous clients donate gifts and money through the Giving Tree to support pet-related causes. This year we are donating to Society of Humane Friends Gwinnett Jail Dog program and Ahimsa House, a shelter for victims of domestic violence that welcomes their pets also. Just choose an ornament and give a donation– the gift goes directly to the animal and the funds go to these local organizations dedicated to helping animals.



Won't you consider spreading a little holiday cheer to some special furry friends in need?

"PEAS on Earth" Cakes

- 1/2 cup brown rice
- 1/4 oz thawed or fresh peas
- 1/4 cup shredded, cooked chicken
- 1 egg
- 2 Tbsp breadcrumbs
- 2 Tbsp chopped parsley
- 1 Tbsp olive oil



- 1) In a medium bowl, stir together the rice, peas, chicken, egg, breadcrumbs and parsley. Form into treat-sized patties.
- 2) In a medium skillet, heat the olive oil over medium-high heat. Add the chicken patties and cook, turning once, until golden-brown, 6 to 7 minutes. Remove from the pan and let cool

TIPS FOR CARING FOR YOUR SENIOR PET

1. **Feed a well-balanced diet.** Whether it is a formula with joint health supplements added, or a lower fat variety to keep your pet trim, make sure to talk with your vet about the right way to feed your aging friend.
2. **Help your pet stay fit.** Pets slow down some as they age, but it is important that they don't become too sedentary. Make sure your pet gets the physical and emotional benefits of a regular exercise regimen.
3. **Keep your dog at a healthy weight.** An overweight pet will have undue stress on his or her joints and heart, causing discomfort and decreasing mobility; while being underweight may signal illness and or muscle loss.
4. **Schedule regular veterinary visits.** Considering that pets age much faster than we do, your pet's health status can change significantly in a short period of time. Seeing your vet regularly helps identify health issues early.
5. **Don't neglect your dog's teeth.** The condition of a pet's mouth can impact his or her overall health. Dental tartar and infection can spread throughout the body to vital organs, and gingivitis and loose teeth cause your pet significant pain.

Stay warm while you support GAH and needy pets!

Sweatshirts now available for just \$29. All profits go to our Good Samaritan fund.



On Santa's "nice" list: **SARAH HARTLEY**

Born and raised here in Georgia, Sarah has been a member of our kennel team since 2008 and lives in Lilburn with her three cats. She attends Savannah College of Art and Design, where she studies graphic design. Sarah is very well-rounded, with interests in hiking, kayaking, crossfit, drawing, and cooking.

